



# TEAM BUILDING WORKSHOPS & MASTERCLASS SESSIONS

## MATINA JEWELL



### Leadership in Action

**Sudden Leadership:** Dinner with a Warlord

**Delegation:** Off to War... with no Manual

**Communication:** 1000 Troops, Pitch Black, No Radios

**Connection:** 2 Years at Sea

**Decision Making:** Fighter Jet Attack Inbound

**Dutiful® Leadership:** The Honour and Privilege

### Resilience in Action

**Resilience is a Muscle:** Performing Under Pressure

**Flexibility:** No Plan Survives Contact with the Enemy

**Facing Fear:** Fast Rope from a Chopper

**Perspective:** It's not a war stopper

**Humour:** Air Force Weenies

**Dutiful® Purpose:** Combine and Unite